

Live long

Healthier lifestyles and better access to medical treatment means people can prevent or combat many age-related diseases and live productive lives well beyond their 60s.

Below are the top 10 countries with the highest life expectancy for both sexes.



83.7

JAPAN



83.4

SWITZERLAND



83.1

SINGAPORE



82.8

AUSTRALIA



82.8

SPAIN



82.7

ITALY



82.7

ICELAND



82.5

ISRAEL



82.4

ICELAND



82.4

FRANCE

*Malaysia's average life expectancy for both sexes stands at **75.0**