## Percentage of students showing severe and very severe signs of stress, anxiety and depression

- Screening 1: Mar 2012
- Screening 2: Sep 2012 (post- intervention includes counselling and group discussions)



Stress Anxiety Depression

## **COPING SKILLS**

Screening 2: 38.9%

Screening 1:

TOTAL NUMBER OF STUDENTS SCREENED

19,919

Source: Health Mind Programme 2012, Health Ministry