

Safe levels of noise exposure

Softest audible sound

Quiet bedroom

Library

Normal conversation

Nightclubs

Power saw/ hand drill

Loud rock concert

Jet engine, firearms

SAFE

LOUD

VERY LOUD

0 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 Loudness (in decibels/dB)

Source: US National Institute for Occupational Safety and Health (NIOSH)