



**PRESS STATEMENT
MINISTRY OF HEALTH MALAYSIA**

**UPDATES ON THE CORONAVIRUS DISEASE 2019 (COVID-19)
SITUATION IN MALAYSIA**

Current Status of Confirmed COVID-19 Cases Who Have Recovered

22 May 2020 – The Ministry of Health (MOH) would like to inform that **63 cases** have fully recovered and discharged well today. **Cumulatively, 5,859 confirmed COVID-19 cases have fully recovered** (82.1% of total cumulative cases).

Current Situation of COVID-19 in Malaysia

22 May 2020, 12 pm – A total of **78 additional confirmed COVID-19 cases** were reported to the National Crisis Preparedness and Response Centre (CPRC) MOH today. Cumulatively there are now **7,137 confirmed COVID-19 cases** in Malaysia. Therefore, there are **currently 1,163 active and infective COVID-19 cases**. Of the 78 additional cases reported today, 25 are imported cases who were infected overseas. Out of the 53 local transmission cases, 40 were non-Malaysians, of which 25 cases were detected at the Bukit Jalil Immigration Detention Centre.

Currently, **nine (9) confirmed COVID-19 cases are receiving treatment in intensive care units (ICU)**, and of these, five (5) cases are on ventilation support.

Regretfully, **one (1) additional COVID-19 death** was reported to the National CPRC MOH today. Cumulatively, there are now **115 COVID-19 deaths** in Malaysia (1.61% of total cumulative cases):

1. **Death #115:** Case 3,616 is a 65 year-old Malaysian man who has a history of diabetes, hypertension and kidney disease. He was admitted into Sungai Buloh Hospital on 3 April 2020 and was pronounced dead on 21 May 2020, 2.58 pm.

MOH conveys condolences to the family members.

Celebrate Hari Raya Aidilfitri with Healthy and Safe Food and Drinks

This year's Hari Raya Aidilfitri celebration is definitely different from the previous years. However, this does not mean that Hari Raya Aidilfitri cannot be celebrated with the same enthusiasm. In fact, celebrating at home with immediate family members may give us a whole new meaning and deeper understanding.

A month of fasting during the month of Ramadan during the COVID-19 pandemic has taught us all the true meaning of patience and sacrifice. Ramadan was experienced under new norms and practices to ensure that COVID-19 infection can be prevented. MOH is now calling on the public to celebrate Hari Raya Aidilfitri and the month of Syawal with new norms and practices, in accordance with all published Standard Operating Procedures (SOPs).

The celebration of Hari Raya Aidilfitri is not complete without the Hari Raya special food and drinks. This is indeed the normal practice of all Malaysians on Hari Raya. In order to ensure that the food and drinks can be enjoyed safely, the process of preparing food and meals should be given attention especially in terms of proper and safe handling and cooking. The safe preparation of food and drinks also prevents food poisoning. During the month of Syawal in 2019, MOH received 53 reports of food poisoning involving 1,995 cases.

Therefore, MOH recommends that the public adopt these five key measures on food safety to ensure that the food provided to family members are safe:

1. Practice good personal hygiene and wash hands with water and soap before handling food
2. Use fresh raw ingredients and clean water
3. Use separate utensils and equipment, such as cutting boards for raw and cooked food
4. Cook the food thoroughly and make sure it is eaten within four hours
5. Store food at appropriate temperatures, and for not more than three days in the refrigerator

Healthy and balanced eating habits should be practised at all times. Accordingly, practice the following:

1. **Cook at home** if possible. This helps control and minimise the use of oil, sugar and salt in foods
2. **Eat fruits and vegetables** daily to improve health
3. **Drink at least eight glasses of plain water** a day. Avoid drinks with high sugar content such as cordials and carbonated drinks

Health Advisory on COVID-19

MOH advises the public to be conscientious and take on responsibility for all activities outside and inside of the house, including in preparation for the Hari Raya celebrations. The following practices should continue to be a part of everyday life:

- Avoid the **3Cs**: **C**rowded places; **C**onfined spaces; and **C**lose conversations
- Practice the **3Ws**: **W**ash hands frequently with water and soap; **W**earing facemasks are strongly encouraged in public areas or if symptomatic; **W**arn self and others for the following, in line with MOH's advisories:
 - Avoid shaking hands or touching others

- Practice good coughing and sneezing etiquette
- Disinfect frequently touched surfaces
- Stay at home and avoid from visiting others
- Make the coming celebrations exclusively for family members at home only
- Perform disinfection activities

Continue to adhere to all the SOPs and MOH advisories, including:

- **T: Terms** and SOPs set under the Conditional Movement Control Order (CMCO)
- **Hi: High-risk** groups such as children, infants, older adults and the disabled must be protected, and if unwell with symptoms, to seek early treatment
- **S: Safe** social distancing is practiced at all times, of at least 1 metre away from others

MOH will continue to monitor the development of the COVID-19 situation, both in the country as well as internationally, based on available information from the WHO. The public will be continuously updated on the latest information. In addition, MOH will ensure that appropriate preventive and control measures are continuously implemented.

Thank you.

Datuk Dr Noor Hisham Abdullah
Director General of Health Malaysia

22 May 2020 @ 4.30 pm

Appendix 1

Number of Confirmed COVID-19 Cases in Malaysia, by States (Cumulative, as of 22 May 2020, 12 pm)

State	No. of New Cases *	Cumulative
Perlis	0	18
Kedah	0	96
Pulau Pinang	0	121
Perak	0	255
Selangor	20 (1)	1,693
Negeri Sembilan	13 (13)	791
Melaka	1	216
Johor	0	669
Pahang	2	341
Terengganu	0	111
Kelantan	0	156
Sabah	2	340
Sarawak	1	545
WP Kuala Lumpur	39 (11)	1,676
WP Putrajaya	0	93
WP Labuan	0	16
Total	78 (25)	7,137

*() refers to imported confirmed COVID-19 cases