## IEM Engineer's Run 2012

YOUNG ENGINEERS SECTION, IEM



by Engr. Justine Yoo Shwu Jing



YB. Datuk Ir. Dr Wee Ka. Slong, Deputy Education Minister, Malaysia officiating the launch of Engineering Week. 2012.

IN conjunction with Engineering Week 2012, The Institution of Engineers, Malaysia (IEM) organised the Engineer's Run 2012 on 9 September 2012 to promote a healthy lifestyle amongst engineers and create awareness of the engineering profession to the public. This was the first running event organised by IEM, which was sponsored by Maccaferri Sdn. Bhd. (Platinum), Technip Sdn. Bhd. (Gold), Malakoff Bhd. (Gold) and Media Asia Sdn. Bhd. (Media).

A total of 300 IEM members and non-members responded positively towards this event by participating in the run. This race was organised into 6 different categories according to gender and age. Dataran MBPJ was the chosen venue, since it offered a really challenging running route along the roads surrounding the site.

On 9 Sept 2012, 37 volunteers from Runner's Malaysia arrived at the venue early in the morning to set up the registration booth before the arrival of the participating runners. The volunteers took up their respective responsibilities as route marshals, time keepers, checkpoint officers, beverages distributors, secretariat and crowd control personnel.

At 7.30 a.m., the crowd started to appear. Some participants came in fancy costumes aligned with the best engineer's costume competition that we had for this fun run. The spirit of excitement was in the air. A lady dressed in a graduation gown and an engineer equipped with hardware tools made out of polystyrene caught the attention of all when they appeared. After the registration, everyone gathered to do some warm-up exercises prior to the race.

IEM Deputy President, Ir. Choo Kok Beng, officially flagged off the start of the race at 8.00 a.m. As soon as the starter's gun went off, the participants began their 3.2-kilometre run. On the other hand, the volunteers were getting ready at their respective stations, waiting for the return of the racers. In about 10 minutes, our fastest runner came into sight with a broad grin on his face. It was pretty amazing that he managed to complete the race within such a short time. Again, it proved that engineers are not just workaholics, but they do maintain a healthy lifestyle by participating in sports too!

Some very sporty families came with their kids and even a 6 month old baby. That is the spirit that the organising committee wishes to see whenever they organise such events. The sight of parents running while pushing the strollers with their toddlers in them had really made the run more eventful than it already was.

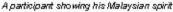




The runners psyching them selves before the start of the run at Dataran MBPJ

Even the very young participated in the run!







Off they go.... full of energy and enthusiasm to cover the 3.2 km route

In about half an hour, most of the runners including the young kids were back at the gathering point. Food and drinks were served to fill up their growling tummies. While everybody was chilling and networking with one another, the organiser prepared some lucky prizes to the lucky ones. Amongst the prizes were RM50 Jusco vouchers, Columbia water bottles and Brookes caps. That was a thrilling moment where everyone kept looking at their numbers, waiting impatiently to be called.

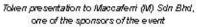
Our Deputy Minister of the Ministry of Education, Y.Bhg. Datuk Ir. Dr Wee Ka Siong was invited to officiate the launching of the Engineering Week 2012. After an inspiring speech from Datuk Ir. Dr Wee and Ir. Choo, the event proceeded with the prize giving ceremony. Three grand prizes were given away to the three best dressed participants of the day. The patriotic One Malaysia lady with our Malaysian flag wrapped around her, the lady in the graduation gown and last but not least, the very passionate engineer with his 'tools' were the three winners for the best costumes. Next, was the presentation of prizes to the top 5 runners for each category. A group picture was taken at the

end to mark the glorious moment for these runners with their trophies.

Overall, everything went smoothly and ended on time. All the participants had had an enjoyable experience despite of the short run. Since this was the first engineer's run organised by IEM, we look forward to receiving constructive suggestions in making this event a better one next year. Pushing it to be an annual event and aiming to have larger participation and a better route are some of the aspirations that the organising committee have set. It would be very encouraging to see IEM members getting involved in such events with their families to build a stronger bond amongst members.

The organising committee would like to thank the IEM Excomm members, the IEM Council members, the Standing Committee on Welfare and Service Matters, the IEM. Secretariat and our main sponsors Maccaferri Sdn. Bhd. (Platinum), Technip Sdn. Bhd. (Gold), Malakoff Bhd. (Gold). and Media Asia Sdn. Bhd. (Media) and all other sponsors whom have made this event a successful one.







Group photo of the top winners and VIPs

## MINNEDE LIET

Category A (Boys above 10 and below 17)			Time
Cham pio n		Ah mad Imam B. Moha mad Hilmi	12:10
2nd Placing	19	Rusell Liew	1347
3rd Placing	ij	Kenneth Siew Keng Chung	1351
4th Placing	18	Chang Kin Fu	14:40
5th Placing	- 8	Loke Wai Jian	16:24
Category B (Gi	ris abo	ove 10 and below 17)	Time
Champion .		Liyana Kamaruzaman	14:33

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Champion .		Liyana Kamaruzaman	14:33
2nd Placing	18	Hannah Bt. Kamaru <i>z</i> aman	14:35
3rd Placing	- 8	Nik Nur Farahana Bt. Manan Raizaman	17:50
4th Placing		Loke Xue Li	18:15
5th Placing	18	Thu Jing Zi	18:18

Category C (Me	en abo	ove 17 and below 40)	Time
Champion	- 3	Muhamad Asdi B. Weding	10:24
2nd Placing	:	Muhamad Faziy B. Zakaria	10:34
3rd Placing	100	Muhammad B. Iskandar	10:45
4th Placing	:	Shahrizan B. Romle	10:58
5th Placing		Ken Chia Yoon Jien	11:34

Category D (Women above 17 and below 35)			Time
Champion	20	Hafizah Bt. Mohd Arshad	14:09
2nd Placing	- 5	Noor Akalili Bt. Abdul Munir	16:09
3rd Placing		Therese Tan Hsueh-Ling	17:24
4th Placing	:	Yong Yung Ping	17:50
5th Placing	ij	Yong Yung Sze	18:07

Category E (Men's Veteran above 40)		Time	
Champion	: Ong Chin	10:48	
2nd Placing	: Tan Wah Sing	11:21	
3rd Placing	: Chen Keat Hoong	11:52	
4th Placing	: Yuan Khai Heng	12:12	
5th Placing	: Tan Teck Chin	13:37	

Category F (Wo	omen'	s Veteran above 35)	Time
Champion	ij	Ling Shui Meng	15:03
2nd Placing	100	Melvis Lee Li Lan Hiong	15:03
3rd Placing	- 3	Chem Siew Moi	16:12
4th Placing		Anny Liew Kim Foong	17:10
5th Placing	100	Tan Poh Geok	18:10

Feel free to visit IEM Engineering Week 2012 on Facebook for more of the event's photos.

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